

SEPTEMBER 2021

from 10am—1pm

Friday 3rd September

DECOUPAGE - Class 1
with Mo from Hullabaloo

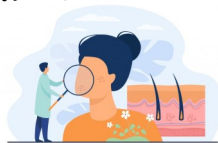


Friday 10th September

DECOUPAGE - Class 2
with Mo from Hullabaloo

Friday 17th September

DERMATOLOGY
with Selene Daly



Friday 24th September

CARD MAKING - Class 2
with Noreen Gaffney

Activities & Services at Breffni Family Resource Centre:

- ♦ OASIS - Breffni Women's Shed
- ♦ Youth Café
- ♦ Crèche
- ♦ Rainbows Programme
- ♦ Programme for People with Disabilities
- ♦ Rooms to Hire
- ♦ Free Pre-School (ECCE)
- ♦ Administrative Services including colour photocopying, enlargements up to A3, printing, faxing, binding, and laminating
- ♦ Community Composting
- ♦ Allotments to Rent
- ♦ After-School & Transport
- ♦ Various Workshops
- ♦ Men's Group
- ♦ Evening Classes
- ♦ Internet Access & Job Group
- ♦ 12-Step Programmes
- ♦ Information Centre
- ♦ Shop
- ♦ Over 55's Programme
- ♦ Parenting Programmes
- ♦ Breast Feeding Support
- ♦ Community Playground
- ♦ FEAD / Food Cloud Scheme and much more!

OPENING HOURS

Resource Centre

Mon - Thurs
9am - 6pm

Friday
9am - 5pm

Regular Updates!

Regular, updated information can also be found on our website at:
www.breffnifrc.ie

Find us on:

facebook

Breffni FRC

To Find Us

From Main Street Carrick-on-Shannon, follow the signpost for "Breffni Family Resource Centre" opposite Murtagh's Bar

We are approximately a 5 minute walk from Main Street, Carrick-on-Shannon

OASIS
Breffni Women's Shed
Newsletter
July - September 2021

OASIS - Breffni Women's Shed is a social and activity group for women of all ages. We meet every Friday from 10am to 1pm at Breffni Family Resource Centre in the lovely town of Carrick-on-Shannon.

Activities are varied and fun.

Just come along any Friday!

Based at:

Breffni Family Resource Centre



NEWSLETTER July - Sept 21

Breffni Community Development CLG Family Resource Centre, Breffni Crescent, Carrick-on-Shannon, Co. Leitrim. N41 X9D6



Tel: 071-9622566

Mobile: 086-0737454

Email:
info@breffnifrc.ie

Web: www.breffnifrc.ie



Membership Fee €20 per annum.

Weekly cost of €4 to members and €5 to non members.

Trips are subsidised for members only.

Membership Forms can be obtained at Reception.

JULY 2021

from 10am—1pm

Friday 16th July
JEWELLERY MAKING
WORKSHOP - Class 1
with Mo from Hullabaloo



Friday 23rd July
JEWELLERY MAKING
WORKSHOP - Class 2
with Mo from Hullabaloo

Friday 30th July
HEALTHY LIVING - Class 1
with Juli from CheckIn Health



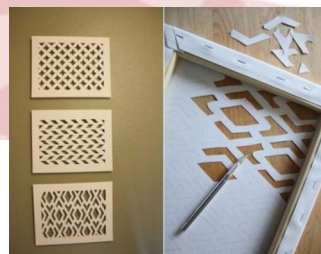
AUGUST 2021

from 10am—1pm

Friday 6th Aug
HEALTHY LIVING
- Class 2
with Juli from CheckIn Health



Friday 13th Aug
CARD MAKING
- Class 1
with Noreen Gaffney



Friday 20th August
ASSORTED FITNESS DANCE
with Michelle Fanning from Assorted Fitness



Assorted Fitness

Friday 27th August
HEALTHY LIVING - Class 3
with Juli from CheckIn Health

